

# CEBU DOCTORS' UNIVERSITY

Use the Microsoft Word application for this exercise but **before you start encoding, set the font to Courier New, the font style to Regular (none of Bold, Italic, Underlined is selected), and the font size to 10. This ensures that the text in your exercise is the same as in this handout.** For your work not to appear tiny on your screen, **set the Zoom View to 200% by clicking the + on the lower right corner of the screen.** This keyboarding exercise is based on the lessons found at the Touch Typing site. (URL: <http://www.typingweb.com/tutor/lesson/index/id/316/>)

In these lessons the terms typing and keyboarding are used interchangeably. Note that others might consider the two different, because they say that typing is to typewriter while keyboarding is to keyboards. But the fact is, the layout of both a typewriter and a QWERTY keyboard is the same. So here, in these lessons, they are considered one and the same. Further, here in these lessons, when we refer to keyboards we're always referring to QWERTY keyboard.

Separate each lesson with a blank line, no need to label each lesson. Save your work in your folder in your computer.

## The Keyboard and Your Fingers



Finger	Keyboard Code	Home Keys	Other Home-Row Keys	Top-Row Keys	Bottom-Row Keys	Number-Row Keys
Left-Pinky Finger	L4	A			LEFT-SHIFT	1
Left-Ring Finger	L3	S				2
Left-Middle Finger	L2	D				3
Left-Index Finger	L1	F				4
Left-Thumb	L0	SPACE-BAR				5
Right-Thumb	R0	SPACE-BAR				6
Right-Index Finger	R1	G				7
Right-Middle Finger	R2	H				8
Right-Ring Finger	R3	J				9
Right-Pinky Finger	R4	K	ENTER		RIGHT-SHIFT	0 BACKSPACE

### 1. The Home Row

The first principle of typing is to **always return your fingers to the home keys when you are not typing.** The home keys will be the reference point from which you will learn the positions of all the other keys. Most keyboards (if not all) have markers (small bumps) at the bottom part of the f and the j keys to help you find the home keys without the need to look at the keys.

**As you begin these keyboarding lessons, remember to focus on accuracy. Aim for 100% accuracy and speed will come with practice.**

# Keyboarding Proofreading Exercises

**Julia Schneider**



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