

Army Combat Fitness Test Scorecard

For use of this form, see ATP 7-22.01; the proponent agency is TRADOC.

Body Composition Testing will NOT be conducted on the same day as the ACFT. To avoid illness and injury, height and weight will be recorded at least 7 days before or at least 7 days after the ACFT.				NAME (Last, First, MI) GENDER UNIT			
TEST ONE				TEST TWO			
DATE (YYYYMMDD)	MOS	GRADE	AGE	DATE (YYYYMMDD)	MOS	GRADE	AGE
HEIGHT (Inches)	BODY COMPOSITION DATE:			HEIGHT (Inches)	BODY COMPOSITION DATE:		
	WEIGHT: _____ lbs.	GO / NO-GO	BODY FAT: _____ %	GO / NO-GO	WEIGHT: _____ lbs.	GO / NO-GO	BODY FAT: _____ %
3 REPETITION MAXIMUM DEADLIFT: weight lifted - circle heaviest (lbs)				3 REPETITION MAXIMUM DEADLIFT: weight lifted - circle heaviest (lbs)			
1st ATTEMPT	2nd ATTEMPT	POINTS	GRADER INITIALS	1st ATTEMPT	2nd ATTEMPT	POINTS	GRADER INITIALS
STANDING POWER THROW: distance thrown - circle longest (meters/centimeters)				STANDING POWER THROW: distance thrown - circle longest (meters/centimeters)			
1st ATTEMPT	2nd ATTEMPT	POINTS	GRADER INITIALS	1st ATTEMPT	2nd ATTEMPT	POINTS	GRADER INITIALS
HAND RELEASE PUSH-UP: number of correctly performed repetitions				HAND RELEASE PUSH-UP: number of correctly performed repetitions			
REPETITIONS		POINTS	GRADER INITIALS	REPETITIONS		POINTS	GRADER INITIALS
SPRINT-DRAG-CARRY: overall event time (minutes:seconds)				SPRINT-DRAG-CARRY: overall event time (minutes:seconds)			
TIME		POINTS	GRADER INITIALS	TIME		POINTS	GRADER INITIALS
LEG TUCK: number of correctly performed repetitions				LEG TUCK: number of correctly performed repetitions			
REPETITIONS		POINTS	GRADER INITIALS	REPETITIONS		POINTS	GRADER INITIALS
TWO-MILE RUN: overall event time (minutes:seconds)				TWO-MILE RUN: overall event time (minutes:seconds)			
TIME		POINTS	GRADER INITIALS	TIME		POINTS	GRADER INITIALS
5K ROW / 1K SWIM / 12K BIKE (circle one): overall time to reach required distance				5K ROW / 1K SWIM / 12K BIKE (circle one): overall time to reach required distance			
TIME	PASS / FAIL	POINTS (80%)	GRADER INITIALS	TIME	PASS / FAIL	POINTS (80%)	GRADER INITIALS
Soldier Signature:			Date:	TOTAL POINTS			
NCOIC/DC (Last, First, MI / Rank)			PASS / FAIL (Circle one)		NCOIC/DC (Last, First, MI / Rank)		
NCOIC/DC SIGNATURE			Date:	NCOIC/DC SIGNATURE			Date:

Form For Army 2015

**Great Britain. Army. Royal Army
Medical Corps**



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Army Orders Great Britain. War Office,1943 The Monthly Army List ,1902 **Regulations for the medical Department of her majesty's army. [2 eds.]. [Continued as] Regulations for the medical services of the army 1889(2)- . [With] Amendments** War office,1896 U.S. Army Campaigns of the Civil War: The Civil War in the West, 1863 Andrew N. Morris, The Civil War in the West 1863 by Andrew N Morris is the latest addition to the Center of Military History s U S Army Campaigns of the Civil War series In 1863 Union and Confederate forces fought for control of Chattanooga a key rail center The Confederates were victorious at nearby Chickamauga in September However renewed fighting in Chattanooga that November provided Union troops a victory control of the city and drove the Confederates south into Georgia The Union success left its armies poised to invade the Deep South the following year *Managing Sex in the U. S. Military* Beth Bailey,Alesha E. Doan,Shannon Portillo,Kara Dixon Vuic,2022-05 The U S military is a massive institution and its policies on sex gender and sexuality have shaped the experiences of tens of millions of Americans sometimes in life altering fashion The essays in *Managing Sex in the U S Military* examine historical and contemporary military policies and offer different perspectives on the broad question How does the U S military attempt to manage sex This collection focuses on the U S military s historical and contemporary attempts to manage sex a term that is in practice slippery and indefinite encompassing gender and gender identity sexuality and sexual orientation and sexual behaviors and practices along with their outcomes In each chapter the authors analyze the military s evolving definitions of sex sexuality and gender and the significance of those definitions to both the military and American society Army Regulations United States. Dept. of the Army,1930 *General Regulations for the Army* United States. Department of the Army,1962 **Sessional Papers** Great Britain. Parliament. House of Commons,1901 **Parliamentary Papers** Great Britain. Parliament. House of Commons,1906

Break all the Borders Ariel I. Ahram,2019-01-09 Since 2011 civil wars and state failure have beset the Arab world underlying the misalignment between national borders and identity in the region This book offers a unique and detailed account of the separatist movements that aim to remake those borders the southern movement in Yemen the federalists in eastern Libya the Kurdish nationalists in Syria and Iraq and the Islamic State in Iraq and Syria ISIS Instead of focusing on incumbent states the book shows how separatists claim the mantle of self determination and seek to replace a broken regional order with more legitimate and stabile polities *Regulations of the Army of the United States and General Orders in Force on the 17th of February, 1881* United States. War Department,1881 **Draft** United States. Army,1917 The Army Medical Bulletin ,1925 **Army-Navy-Air Force Register and Defense Times** ,1927 *Army and Navy Journal* ,1924 Army Procurement Procedure United States. Department of the Army,1951 **Annual Report of the Chief Signal Officer of the Army to the Secretary of War** ,1884 **Journal of the Royal Army Medical Corps** Great Britain. Army. Royal Army Medical Corps,1913 *Federal Council Bulletin* ,1918 **The Congressional Globe** United States.

Congress, 1873

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