

Heartsaver® Adult CPR AED



Tap and shout.



Shout for help. Send someone to phone 9-1-1 and get an AED.



Look for no breathing or only gasping.



Push hard and fast.
Give 30 compressions.*
Open the airway and
give 2 breaths.



Repeat sets of 30 compressions and 2 breaths.



When the AED arrives, turn it on and follow the prompts.

- * - Push down at least 2 inches
- Give 100 to 120 compressions per minute
- Let the chest come back up to its normal position
- Try not to interrupt compressions for more than a few seconds

Heartsaver Cpr Guide 2015

M Woodhall



Heartsaver Cpr Guide 2015:

The Enigmatic Realm of **Heartsaver Cpr Guide 2015**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing lacking extraordinary. Within the captivating pages of **Heartsaver Cpr Guide 2015** a literary masterpiece penned by a renowned author, readers embark on a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting effect on the hearts and minds of people who partake in its reading experience.

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