
MOTOR LEARNING EXAM 1 QUESTIONS & ANSWERS

Factors that affect the learning of a Motor skill? - Answers :The Learner

The Task

The Environment or Target Context

What is Motor Learning? - Answers :The study of the processes involved in acquiring and refining motor skills. It help with relearning movement skills lost due to trauma, injury and disease. It is a process that takes time, practice and experience to learn a a motor skill. It is a permanent change, that at times cannot be measured directly, but can be understood by behavior or observation.

What Motor Learning is Not? - Answers :Cannot be associated to a person's natural growth and development.

Not temporary.

Not an instinct.

Study of Movement: 3 separate sub-disciplines - Answers :Motor Learning

Motor Development

Motor Control

Study of Movement: Interaction of 3 areas

"Teaching young challenged children" - Answers :Motor Development: motor pattern delays.

Motor Control: why are the children not getting it?

Motor Learning: theories, practices to use when learning motor skills

Father of Motor Learning - Answers :Dr. Franklin Henry, University of California - Berkeley. Studied gross motor skill learning between the 1950's and 1980's.

Motor Learning, Control, and Development became sub-disciplines when? - Answers :1970's

Much research has been done with Motor Learning when? - Answers :Over the last 40 years

Skill - Answers :a task that has detailed goal to accomplish.

Movement - Answers :changing place or position of the body, head and/or a specific limb or combination of limbs.

Motor Skills - Answers :putting together skill and movement, a task that needs voluntary body and/or limb movement to achieve its goal.

Motor Learning Exam Questions

JG Myers



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