

SOAP Note for Physical Therapy Template

Patient Information

First Name: James

Surname: Wilson

DoB: 05/08/1990

Date: 10/07/2022

Subjective

James has had difficulty sleeping on his right side because of right shoulder pain. He said it is a 3/10 pain along the right bicep and up to the trapezius muscle. He finds it hard to reach behind his back or lift his arm above his head.

Objective

James is alert and in no acute distress. He is tender over the soft tissue of the right shoulder. Decreased range of motion. No swelling or ecchymosis. No deformity. Motor is intact.

Assessment

Biceps tendinitis, right shoulder.

Right shoulder x-ray reviewed by Dr. Jane Smith is negative.

Plan

James declined narcotic pain medication. James will ice his shoulder and lightly stretch twice daily. Recheck in 7 days, sooner if symptoms worsen.

Symptom Analysis



- X Adhesion
- ↻ Rotation
- Pain
- Tender Joint
- ≡ Hypertonicity

- ≈ Spasm
- Inflammation
- ⤵ Trigger Point
- / Elevation

Additional Notes

Signature

Date

10/07/2022

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Guide For Soap In Physical Therapy

David Baud



Guide For Soap In Physical Therapy:

Unveiling the Energy of Verbal Art: An Psychological Sojourn through **Guide For Soap In Physical Therapy**

In a global inundated with monitors and the cacophony of quick connection, the profound power and psychological resonance of verbal artistry often disappear in to obscurity, eclipsed by the constant barrage of noise and distractions. Yet, situated within the musical pages of **Guide For Soap In Physical Therapy**, a charming perform of fictional brilliance that pulses with organic emotions, lies an wonderful trip waiting to be embarked upon. Published with a virtuoso wordsmith, that mesmerizing opus manuals readers on a mental odyssey, delicately revealing the latent possible and profound impact embedded within the elaborate internet of language. Within the heart-wrenching expanse of the evocative evaluation, we will embark upon an introspective exploration of the book is key themes, dissect their fascinating writing type, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

<https://old.whatgoodnews.com/book/scholarship/index.jsp/Introduction%20Community%20Nutrition.pdf>

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