

- **Sharpey's fibres:** the ends of muscles that attach to bone



## Muscle anatomy, classification, function

### LEARNING OBJECTIVES:

- ★ Understand the various classification schemes for muscles and the various terms used to describe muscle diversity.
- ★ Describe the basic structure of skeletal muscle and the sliding filament model of muscle contraction
- ★ Discuss various ways that the force production of a muscle can be altered

### MUSCLE CLASSIFICATION TERMS

- **Classifying based on location**
  - **Somatic Muscles:** muscles attached to bone or cartilage
  - **Visceral muscles:** muscles that attach to organs, vessels and ducts
- **Classifying based on control**
  - **Voluntary muscle:** muscle contracts consciously
  - **Involuntary muscle:** muscle contracts unconsciously
- **Classifying based on microscopic appearance**



- **Smooth Muscle:**
  - Unstriated
  - Mononucleate
  - Involuntary
  - Slow
  - Surround stomach, blood vessels
  - Can maintain force w/o fatigue
- **Cardiac Muscles:**
  - Striated
  - Multinucleate
  - Involuntary
  - Surround the heart, keep it pumping
  - Joined by intercalated disks
- **Skeletal muscles:**
  - Striated
  - Multinucleate
  - Voluntary
  - Filled w' sarcomeres
  - Attach to and move the bones of the skeletal system, also surround digestive organs
- **Multinucleate vs uninucleate:** one or many nuclei in the muscle cell
- **Striated vs unstriated:**

# Muscular System Review Guide For Exam

**Clifford Lane**



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