



Interpersonal Relationships Paper

There is evidence that a motivation for helping is feeling empathy for the other person. Researchers hypothesize that people are altruistic as long as the result is reducing another's stress. Unfortunately, some researchers believe that altruistic helping is instrumental egoistic response. Providing evidence of this is difficult as egoism and altruism are motivational concepts, and they cannot be directly observed, (Nier, 2010). Summary of Issues: The arguments in contention deal with altruism and whether people feel motivation for pure altruism or empathy. C. Daniel Batson and his colleagues believe that people have a motivation to help not for what they can receive but for pure altruistic reasons. Nier (2010) states that people who are altruistically motivated to help do so with the goal of increasing the welfare of others. (Nier, 2010, p. 379). Batson, Duncan, Ackerman, Cuckley, and Birch performed an experiment using similarity information to manipulate another's empathy. With 44 female introductory psychology students as the subjects the women are randomly selected to fill out a personal and interest questionnaire.

The subjects were assigned to four conditions of easy versus difficult escape and similar versus dissimilar victim design through a random block procedure with 11 people in each cell. One participant from each cell is excluded because that person can suspect Elaine was not receiving shocks. They participants are told to wait for a second subject, Elaine, who is a conspirator of the experiment, and given an introduction while waiting. Drawing roles after signing a consent form is next with the 2 drawing rigged.

They measure the level of arousal on a monitor to determine accurately the worker's emotional response as well as help to form an impression. They manipulate the difficulty to escape a situation by letting every subject know that Elaine will complete all 10 trials. This gives the subjects a chance to help her by trading places with her after the second trial. They use similarity manipulation and need situation to determine the subject's level of empathy. The experimenters give the subjects a chance to trade places with Elaine if they so choose to do so.

The results suggest to researchers that suggesting that empathic motivation to help can be altruistic. Batson et. al. conclude that the easy-escape-dissimilar-victim condition is lower than the other three conditions. The difficulty to escape from the situation has a big effect on helping. Robert Cialdini and his colleagues believe that people have a motivation to help others so that they can feel better themselves rather than empathy. Those egoistically motivated to help others help so that they can increase their own welfare and personal gain.

The idea is that those with low empathy should help less but when a person's empathy is high, the sense of escape minimizes by the person's primary altruistic motive to help the victim. Cialdini a

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JG Myers



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