



INITIATION À
L'HYPNOSE CLASSIQUE
CURATIVE
Christophe Paak

Initiation A Lhypnose Classique Curative

Christophe Pank



Initiation A Lhypnose Classique Curative:

Hypnose et Anneau Gastrique Hypnotique : Le Système BAGH Christophe Pank, **Bases de la PnL Coaching** Christophe Pank,2015-02-11 La PnL Coaching est un ensemble de methodes qui vous permettra d avancer dans votre quotidien Vous trouverez dans ce livret des outils efficaces et vous parviendrez a avancer rapidement pour atteindre vos objectifs La Programmation Neuro Linguistique est reconnue depuis des decennies pour la qualite de ses enseignements Decouvrez vos pouvoirs illimites *Hypnose Elmanienne* Christophe Pank,2015-10-28 En France l Hypnose a une histoire lointaine qui a commence avec le Mesmerisme Nous avons eu une resurgence de ce systeme dans notre pays avec la tendance Ericksonienne et sa fille la PNL Il y a eu des lors un tel engouement vis a vis de ce psychiatre et de sa methode que toute autre forme d hypnose fut mise de cote Vous etes nombreux a savoir que depuis des annees je mets en avant une autre tendance qui a ete developpee aux USA par un homme Dave Elman Comme Dave Elman n etait pas medecin contrairement a Milton Erickson il ne fut pas reconnu dans l Hexagone Pourtant aux Etats Unis sa facon de faire a ete popularisee par Gerald Kein son eleve qui est une reference sur le nouveau monde Pourtant pour trouver des informations exceptee la fameuse induction de Elman nous n avons aucun ouvrage Comme j aime particulierement cette ecole et comme je l ai fait pour l Hyperempiria je vais vous partager quelques bases de ce systeme issues de l enseignement de Gerald Kein Manuel de Formation à l'Auto Amour Christophe Pank,2015-04-30 Nous avons un manque dans notre ducation concernant cette notion simple nous ne savons pas nous donner de l amour de la fiert et nous attendons cela des autres de ceux qui nous entourent Seulement pour beaucoup le retour attendu n est pas suffisant par rapport l attente Comme nos parents et notre soci t ne nous ont pas ouvert cela nous allons nous auto duquer *HYPNOSE et POSTURE du PRATICIEN* Christophe Pank, **Cette Hypnose Ascendante nommée Hyperempiria** Christophe Pank,2015-09-07 Ecrire sur l Hyperempiria est une chose qui m est venue pendant le 20e congres mondial d Hypnose J ai suivi des conferences qui tournaient autour des memes conclusions Un rapport avec le quantique le spirituel une sorte de d apaisement entre le corps et l esprit Que ce soit Ernest Rossi ou des medecins specialistes tous se dirigent vers cette reflexion Or dans les annees 70 un docteur en psychologie Don Gibbons a travaille sur une methode d hyperconscience au travers des trances hypnotiques Je souhaite mettre en avant cette methode qu est l Hyperempiria qui ne pourra qu apporter un plus dans votre pratique si vous etes deja praticien ou meme un chemin de developpement personnel particulierement actuel et positif pour les neophytes

Hypnose Et Douleur Christophe Pank,2015-07-03 Cet essai a pour objectif de proposer des exercices et des techniques a la fois pour les praticiens et pour les partenaires Je ne suis pas medecin et je ne suis pas un specialiste de la douleur donc ce qui est propose dans cet ouvrage est un retour d experience et un ensemble de principes techniques qui peuvent vous ouvrir a des possibles dans la gestion de la douleur Il est indispensable de voir des medecins pour les douleurs ces douleurs sont une alerte et les retirer serait nier une sonnerie d alarme dans une bijouterie Plus que de croire a ceci ou cela je vous

conseille de tester Vous verrez que les possibles sont plus proches que vous ne le pensez **Questiosophie** Christophe Pank,2016-02-18 La question est tellement naturelle que les enfants ne cessent d'en poser Avec le temps nous la remplaçons par la mise en avant de nos réflexions et opinions Pourtant la question est un outil qui permet d'ouvrir nos interlocuteurs ou partenaires des sensations motions ou pensées qu'ils ne soupçonnaient pas Que ce soit pour induire une transe l'approfondir ou faire merger une prise de conscience la questiosophie a pour objectif de vous faire plonger dans les multiples possibilités de la question *Initiation a l'Hypnose Classique Curative* Christophe Pank,2013-05-20 Vous êtes tous des hypnotiseurs depuis votre naissance Que ce soit dans vos relations familiales professionnelles amoureuses Nous sommes constamment dans des rapports hypnotiques Ce superbe outil n'est pas la panacée de certains lus Vous allez être capables de comprendre et d'appliquer l'hypnose au quotidien dans votre vie très rapidement Ce livre vous présente un autre chemin de découverte et de compréhension de ce qu'est l'hypnose *Je découvre l'hypnose classique* Pascal Goossens,2021 *Méthode d'hypnose Classique - Cours Complet* Jean-Marie Delpech,2019-08-16 Je considère comme normal d'indiquer toutes les applications de l'hypnose et de donner toute la possibilité de pratiquer rapidement D'abord parce que je suis convaincu que toute personne peut tirer de cette science les plus grands avantages ne serait-ce que par l'application de l'autohypnose sa propre personne ensuite parce que j'estime que c'est faire acte d'honneur de mettre la porte du public un cours pratique et complet

Sommaire Table des matières Introduction Préparation l'hypnose pratique Le regard et la fascination Le regard au point de vue pratique Comment regarder la personne que l'on veut hypnotiser La parole et la suggestion verbale Les passes et les gestes Pourquoi étudier l'hypnose Les yeux La parole et la suggestion verbale Les moyens mécaniques Les influences hypnotiques l'état de veille 1er essai la passivité de la personne Procédé infallible permettant de se rendre rapidement compte du degré de passivité de la personne L'attraction en arrière de la personne par les mains de l'hypnotiseur La chute en arrière de la personne La chute en arrière de la personne sans les mains de l'hypnotiseur La chute en arrière les mains placées une distance de plus en plus grande de la personne La chute en arrière de la personne par la parole de l'hypnotiseur La chute en arrière de la personne par le regard et la parole La chute en avant de la personne par l'attraction magnétique La chute en avant de la personne par le regard et la suggestion Faire tomber la personne droite Faire tomber la personne gauche Obliger la personne avancer Obliger la personne sujet reculer Empêcher la personne de se tenir droite Faire ouvrir la bouche de la personne et l'empêcher de la fermer Faire tirer la langue la personne et l'empêcher ensuite de la rentrer Faire carter les doigts la personne Faire rapprocher les doigts cartés de la personne Faire fermer la main de la personne Obliger la personne ouvrir sa main fermée Obliger la personne lâcher un objet qu'elle tient dans la main Empêcher la personne de lâcher un objet qu'elle tient dans la main Faire rapprocher les mains cartés de la personne Obliger les mains de la personne s'écarter Obliger la personne applaudir Obliger la personne tourner les bras l'un autour de l'autre Empêcher la personne d'ouvrir les yeux Obliger la personne fermer les yeux Obliger la personne ouvrir les yeux et l'empêcher de les fermer Obliger la personne s

asseoir Emp cher la personne de s asseoir Obliger la personne se lever La suggestion du geste et la suggestion de l exemple
Emp cher la personne de plier le bras Les passes Les gestes Raidir les jambes de la personne Faire boiter la personne Faire
abaisser les bras de la personne Emp cher la personne d lever les bras Obliger la personne mettre les bras en croix Coller la
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arr ter Emp cher la personne d avancer et la clouer au sol Faire arr ter la personne de marcher Obliger la personne vous
donner malgr elle un objet en sa possession Faire prendre votre doigt la personne et la mettre dans l impossibilit de le l cher
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Rendre la personne muette bien qu elle puisse ouvrir la bouche Obliger la personne dire sans arr t la la la Faire b gayer la
personne Emp cher la personne de soulever un objet L objet sur la table repoussant les mains de

INTRODUCTION A

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