

STAGES OF LABOR

Having a baby with a 24-hour period across the clock is a continuous and unrelenting process with no breaks in between.



Stage 1: Dilation	Stage 2: Pushing	Stage 3: Placenta
<ul style="list-style-type: none">• Cervix dilates from 1cm to 10cm• Contractions become stronger and more frequent• Water breaks• Amniotic fluid is released• Baby's head enters the birth canal	<ul style="list-style-type: none">• Cervix is fully dilated (10cm)• Baby is pushed through the birth canal• Placenta is delivered• Baby is born	<ul style="list-style-type: none">• Placenta is delivered• Baby is born• Amniotic fluid is released• Baby is born

WOMAN'S SACRAL DIGITAL

The infographic includes a diagram of the birth canal and a pie chart titled 'Each Stage of Labor' showing the duration of each stage. The pie chart is divided into three segments: Stage 1 (Dilation), Stage 2 (Pushing), and Stage 3 (Placenta). The durations are approximately: Stage 1 (Dilation) - 12-18 hours, Stage 2 (Pushing) - 1-2 hours, and Stage 3 (Placenta) - 5-10 minutes.

DIGITAL

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POSTER

Hd Labor Guide

SJ Ball



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