

Nursing Leadership: Reflection Paper Example Essay

Introduction

Nursing leadership is an essential part of professional practice. Since the curriculum is modeled towards the realization of patient-centered care, the different areas of the care delivery require aspects of leadership. I learned this from the registered bedside nurse leader that I interviewed. I chose her because, after my BSN degree, I intend to be a bedside nurse pending my becoming a nurse manager. I also opted for her, because, as Larsson and Sahlsten (2016) opine, such nurses oversee the completion of patient care and provide safe client services. The fact that I had done my student attachment at the facility allowed me to meet and interact with her during my bedside rotation. She was articulate, well-informed and her decisions were well-grounded in nursing theories, norms, and EBP. I felt that she was a useful resource person whose experiences and leadership will inform my knowledge on bedside patient management. As a result, the purpose of my interview was not only to gain an understanding of nurse management at the bedside but also identify the existing gaps in my training that may impede my future role as a bedside nurse.

Nursing Leadership and Theories

As mentioned earlier, the interviewee had well-grounded knowledge in nursing theories, and her decision was well informed by existing research on her actions. Apparently, her development as a nurse and the subsequent attainment of nurse management position were influenced by transformational leadership. She was always open to suggestions and gave a chance to anyone speaking before interrupting. According to Larsson and Sahlsten (2016), leaders that idealize the above acts portray transformational leadership. Besides, she hinted that she gives her subordinates the necessary instructions and allows them to carry on with patient management, though with close supervision. Research indicates that leaders who exhibit the above leadership styles empower and motivate their juniors towards a shared goal, and promote active participation among the subordinates (Lorber & Savic, 2011). Apparently, her leadership style allowed her to develop a conducive environment for a shared responsibility with other nurses.

Evidence-Based Practice and Other Practice Tenets

The nurse leader affirms that her knowledge in leadership and practice is grounded on the existing evidence bases. She categorically states that her daily activities at the unit entail championing a healthy working environment for the bedside nurses. She does this by structuring work equitably before each shift, promoting dialogue for problem identification and causal analysis, and makes herself available to subordinates and patients throughout the day. In response to her management duties, existing research shows that a conducive working environment provides an atmosphere where nurses deliver safe, and quality patient care (Larsson & Sahlstein, 2011; Lewis & Malecha, 2011; Warner et al., 2016). I commend the nurse leader for leveraging on her transformative leadership skills to empower her subordinates to provide safe and quality client care at the bedside.

Even though she works towards establishing a healthy environment at the unit, the nurse leader also

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Overcoming Challenges and Creating Opportunity for African American Male Students Butcher, Jennifer T., O'Connor Jr., Johnny R., Titus, Freddie, 2018-11-09 This title is an IGI Global Core Reference for 2019 as it provides solution oriented approaches to confronting confirming and mitigating perpetual disparities within the educational system Containing research from researchers across the U S this publication covers comprehensive research on access to education racial battle fatigue and mentoring programs Overcoming Challenges and Creating Opportunity for African American Male Students is an essential reference source that supports the development of more widespread solution oriented approaches to confronting confirming and mitigating any perpetual disparities that may exist among these students Featuring research on topics such as access to education racial battle fatigue and mentoring programs this book is ideally designed for administrators policymakers educators scholars researchers students and academicians seeking coverage on the many factors that influence African American male success in various educational contexts

Professional Counseling Excellence through Leadership and Advocacy Catherine Y. Chang, Casey A. Barrio Minton, Andrea L. Dixon, Jane E. Myers, Thomas J. Sweeney, 2012-04-27 This text will be a valuable resource for counseling students and educators to assist in the incorporation of leadership and advocacy training into the counseling curriculum based on the new standards set forth by the Council for Accreditation of Counseling and Related Educational Programs CACREP Readers will acquire a broad scope and vision of leadership and advocacy which includes client advocacy advocacy for the counseling profession and social justice It identifies the historical context of leadership and advocacy provides a framework from which to understand these concepts and provides concrete examples of leadership and advocacy happening in the field today Chapters describe the design of an effective counselor education curriculum supervision of counselors and leadership and advocacy practice in various counseling settings Edited by leaders in the field of counselor education and endorsed by Chi Sigma Iota this text will provide students with the knowledge skills and qualities to succeed as leaders and advocates throughout their counseling careers

Creating a Caring Science Curriculum, Second Edition Marcia Hills, Jean Watson, Chantal Cara, 2021-01-07 The hallmark text for nursing faculty seeking to promote the transformative teaching of caring science Creating a Caring Science Curriculum A Relational Emancipatory Pedagogy for Nursing reflects the paramount scholarship of Caring Science educators This second

edition intertwines visionary thinking with blueprints exemplars and dynamic direction for the application of fundamental principles It goes beyond the conventional by offering a model that serves as an emancipatory ethical philosophical educational and pedagogical learning guide for both teachers and students Divided into five units the text addresses the history of the caring curriculum revolution and its powerful presence within nursing Unit I lays the foundation for a Caring Science curriculum Unit II introduces intellectual and strategic blueprints for caring based education including action oriented approaches for faculty student relations teaching learning skills pedagogical practices critical reflective creative approaches to evolving human consciousness and power relation dynamics Unit III addresses curriculum structure and design the evolution of a caring based college of nursing caring in advanced practice education and the development of caring consciousness in nurse leaders It also features real world exemplars of Caring Science curricula Unit IV includes an alternative approach to clinical and course based evaluation and the text concludes with an exploration of the future of the Caring Science curriculum as a way of emancipating the human spirit Each chapter is structured to maximize engagement with reflective exercises and learning activities that encourage the integration of theory and practice into the learning process New to This Edition Updated chapters case studies and learning activities Six new chapters that provide guidance on how to create a Caring Science curriculum Exemplars from institutions that have developed Caring Science curricula Key Features Provides a broad application of Caring Science for teachers students and nursing leaders Features case studies of teacher student lived learning experiences within a caring loving pedagogical environment Encourages the integration of theory and practice into the learning process with learning activities and reflective exercises Distills the expertise of world renowned Caring Science scholars

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Handbook of Counselor Preparation Karen Eriksen,2011-12 Published in cooperation with the Association for Counselor Education and Supervision

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professors of educational administration superintendents principals and others engaged in this changing and challenging field

Leadership Michael Z. Hackman, Craig Edward Johnson, 2004

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