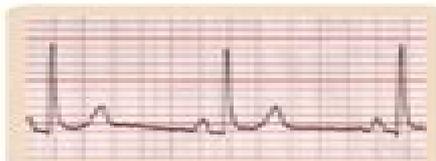


Sinus Bradycardia



Characteristics

Normal sinus rhythm with a heart rate <math>< 60 \text{ bpm}</math>
Consistent P wave
PR: 0.12-0.20
QRS: <math>< 0.12</math>
QT: <math>< 1/2 \text{ R to R}</math>

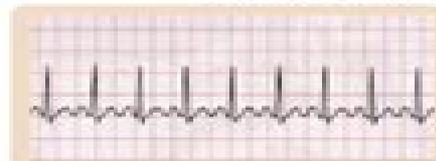
Physical Manifestations

May be asymptomatic
Lightheaded
Syncope
Chest pain
Hypotension

Treatment

Treat symptomatic bradycardia:
Atropine
Epinephrine
External Pacemaker in an emergency

Sinus Tachycardia



Characteristics

Normal sinus rhythm with a heart rate of $> 100 \text{ bpm}$
Consistent P wave
PR: 0.12-0.20
QRS: <math>< 0.12</math>
QT: <math>< 1/2 \text{ R to R}</math>

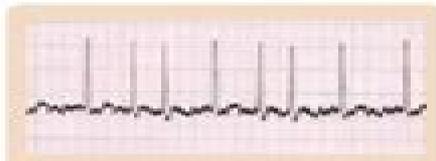
Physical Manifestations

Subjective: feeling of anxiety, racing heart, or chest pain
Objective: decreased BP.

Treatment

Sinus tachycardia is always a symptom of something else: treat the underlying cause
Encourage rest
Administer CCBs like Cardizem or diltiazem

Atrial Fibrillation



Characteristics

A lot of ectopic cells in atria causing it to be "irregularly irregular."
Paroxysmal or persistent
Random QRS spacing
No clear P wave

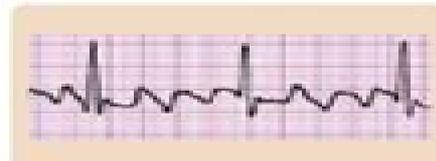
Physical Manifestations

Irregular fast heart rate
Patients may feel like their heart is racing, or chest pain

Treatment

Because of the increased risk of clots you want to give blood thinners like heparin
Control HR: give CCBs (Cardizem), amiodarone
Cardioversion in extreme cases

Atrial Flutter



Characteristics

A lot of ectopic foci synchronized with each other. SA node firing over and over again. No pause for QRS
HR: <math>< 200</math>, no P wave, skinny QRS
Regular saw tooth wave pattern

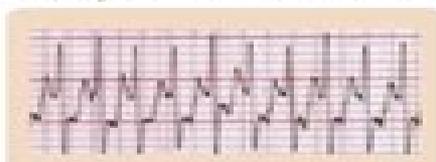
Physical Manifestations

LOC changes
Irregular fast heart rate
Patient may feel like their heart is racing, chest pain

Treatment

Give Heparin and amiodarone
Cardiovert back into sinus rhythm
Long-term: Beta blockers (metoprolol), CCBs (Cardizem)

Supraventricular Tachycardia



Characteristics

HR > 100 (faster than sinus tach)
Skinny QRS, lump in middle
Paroxysmal
Sinus node is not getting a chance to fire

Physical Manifestations

Fainting, dizziness
chest pain
Rapid pulse
diaphoretic

Treatment

1. Vagal Maneuvers (like a deep cough)
2. Stable: give Adenosine rapid IV push (6-12-12)
3. Unstable: Cardioversion

Ventricular Tachycardia



Characteristics

Fast PVCs, no atrial kick
Paroxysmal
HR: 150s, fast but not as fast as SVT
No P wave

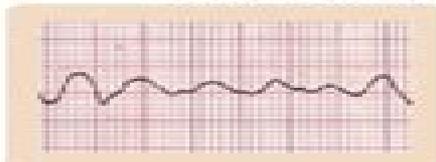
Physical Manifestations

Cardiac Arrest!!
SOB, chest pain, dizzy, lightheaded, nausea
Palpitations

Treatment

Pulseless: code, CPR, Defib
Unstable w/ pulse: cardioversion (keep filling pulse)
Stable: Try vagal maneuver and adenosine. Amiodarone, cardioversion

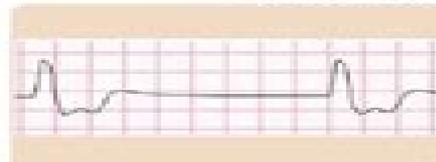
Ventricular Fibrillation



Characteristics

A lot of ectopic foci in ventricles
No P, QRS, T
Basically a wavy line
Lethal

Idioventricular



Characteristics

HR: slow, 40-60
No P wave
QRS: abnormal wide shape (> .12)
SA node does not fire, AV node takes over

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Table of Contents Illinois Tech Specialist Test Study Guide

1. Understanding the eBook Illinois Tech Specialist Test Study Guide
 - The Rise of Digital Reading Illinois Tech Specialist Test Study Guide
 - Advantages of eBooks Over Traditional Books
2. Identifying Illinois Tech Specialist Test Study Guide
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Illinois Tech Specialist Test Study Guide
 - User-Friendly Interface
4. Exploring eBook Recommendations from Illinois Tech Specialist Test Study Guide

- Personalized Recommendations
 - Illinois Tech Specialist Test Study Guide User Reviews and Ratings
 - Illinois Tech Specialist Test Study Guide and Bestseller Lists
5. Accessing Illinois Tech Specialist Test Study Guide Free and Paid eBooks
 - Illinois Tech Specialist Test Study Guide Public Domain eBooks
 - Illinois Tech Specialist Test Study Guide eBook Subscription Services
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 6. Navigating Illinois Tech Specialist Test Study Guide eBook Formats
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 - Highlighting and Note-Taking Illinois Tech Specialist Test Study Guide
 - Interactive Elements Illinois Tech Specialist Test Study Guide
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 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Illinois Tech Specialist Test Study Guide
 9. Balancing eBooks and Physical Books Illinois Tech Specialist Test Study Guide
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Illinois Tech Specialist Test Study Guide
 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
 11. Cultivating a Reading Routine Illinois Tech Specialist Test Study Guide
 - Setting Reading Goals Illinois Tech Specialist Test Study Guide
 - Carving Out Dedicated Reading Time
 12. Sourcing Reliable Information of Illinois Tech Specialist Test Study Guide

- Fact-Checking eBook Content of Illinois Tech Specialist Test Study Guide
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
- Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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