

# Week 1

Diagnostics / Review

## Part 1: Diagnostics

- Take the free diagnostics for all subjects
  - Math
  - Grammar
  - Vocabulary
  - Biology
  - Reading
  - Anatomy & Physiology (AAP)

### Review your results

For topics where you scored well, check those the answer and try some additional questions to ensure that you are getting it right every time.

For topics where you scored lower, read your answers in their entirety and take them apart. For all of the incorrect answers, do a review throughout the week leading up to your exam.

For the areas you did well on, you should also read to refresh your memory. If you were able to do so, you should be able to do so again. You can also use the additional questions to ensure that you are getting it right every time.

For the areas where you scored well, you should also read to refresh your memory. If you were able to do so, you should be able to do so again. You can also use the additional questions to ensure that you are getting it right every time.

## Part 2: Reviewing Each Subject

Go to the links in the appropriate study plan to review the following subjects during Week 1:

- Math
  - Preliminary Skills
- Grammar
  - Identify Parts of Speech Lessons 1-3
- Biology
  - Bones, Tissue
- Reading
  - Identifying the Main Idea
- AAP
  - General Anatomy and Physiology
  - Hematology
  - Integumentary System



For ALL Content Areas, Review Notes from the Previous Weeks



# HESI

## Comprehensive 2-Month Study Plan

## Weeks 2-7

### Week 2

- Math
  - Whole Numbers
  - Decimals
- Grammar
  - Identify Parts of Speech Lessons 4-7
- Vocabulary
  - 2 questions
- Biology
  - Cell and Cellular Respiration
- Reading
  - Identifying the Supporting Details
- AAP
  - Urinary System

### Week 3

- Math
  - Fractions
- Grammar
  - Identify Parts of Speech Lessons 8-9
  - Understanding Sentence Structure Lessons 7-8
- Vocabulary
  - 2 questions
- Biology
  - Molecules, Metabolism
- Reading
  - Find Meaning of Words in Context
- AAP
  - Muscular System
  - Nervous System

### Week 4

- Math
  - Converting Between Fractions and Decimals
- Grammar
  - Understanding Sentence Structure Lessons 4-6
  - Identifying Common Grammar Mistakes Lessons 1-3
- Vocabulary
  - 2 questions
- Biology
  - Pharmacology
- Reading
  - Analyzing the Author's Purpose and Point of View
- AAP
  - Circulatory System

### Week 5

- Math
  - Ratios and Proportions
  - Percentages
- Grammar
  - Identifying Common Grammar Mistakes Lessons 4-7
- Vocabulary
  - 2 questions
- Biology
  - Cellular Reproduction
- Reading
  - Distinguishing Between Part 8 & Fiction
- AAP
  - Respiratory System
  - Endocrine System

### Week 6

- Math
  - Conversions
  - Elementary Algebra
- Grammar
  - Identifying Common Grammar Mistakes Lessons 9-11
- Vocabulary
  - 2 questions
- Biology
  - Genes
  - DNA
- Reading
  - Making Logical Inferences
- AAP
  - Digestive System
  - Urinary System

### Week 7

- Math
  - Practice Tests
- Grammar
  - Practice Tests
- Vocabulary
  - Practice Tests
- Biology
  - DNA
  - Protein Synthesis
- Reading
  - Practice Tests
- AAP
  - Reproductive System
  - Lymphatic System

## Week 8

Final Review

- Math
  - Study Notes Taken Throughout the HESI Math Review Series
- Grammar
  - Study Notes Taken Throughout the HESI Grammar Review Series
- Vocabulary
  - Study Notes Taken Throughout the HESI Vocabulary Review Series and from the Simulated Practice Test
- Biology
  - Practice Tests
- Reading
  - Study Notes Taken Throughout the HESI Reading Review Series
- AAP
  - Practice Tests

If Chemistry or Physics are part of your HESI Exams, add these subjects to your study plan:

### Chemistry

- |   |   |
|---|---|
| Week 5: Diagnostic Test, Scientific Notation  | Week 6: Chemical Reactions, Oxidation & Reduction |
| Week 6: Reaction Rates, Atomic Structure      | Week 6: Acids & Bases                             |
| Week 6: Equilibrium Reactions, Mole of Matter | Week 7: Nuclear Chemistry                         |
| Week 6: Solutions & Solution Concentration    | Week 8: Practice Tests                            |

### Physics

- |  |   |
|--|---|
| Week 5: Diagnostic Test                            | Week 6: Uniform Circular Motion, Kinetic & Potential Energy     |
| Week 6: Nature of Motion, Acceleration             | Week 6: Universal Gravitation, Waves & Sound                    |
| Week 6: Projectile Motion, Newton's Laws of Motion | Week 7: The Nature of Electricity, Magnetism & Electromagnetism |
| Week 6: Practice, Review                           | Week 8: Practice Tests  |

# Hesi Study Guide

**M Mark**



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