

The Global Assessment of Functioning (GAF) is a numeric scale (0 through 100) used by mental health clinicians and physicians to subjectively rate the social, occupational and psychological functioning of adults, e.g., how well or adaptively one is meeting various problems-in-living. It excludes physical and environmental impairment. The scale is presented and described in the DSM-IV-TR on page 32. Children and adolescents under the age of 18 are evaluated on the Children's Global Assessment Scale, or C-GAS.

Code	Description of Functioning
91 - 100	Superior functioning in a wide range of activities, life's problems never seem to get out of hand, is sought out by others because of his/her many positive qualities. No symptoms.
81 - 90	Absent or minimal symptoms, good functioning in all areas, interested and involved in a wide range of activities. Socially effective, generally satisfied with life, no more than everyday problems or concerns (e.g., an occasional argument with family members).
71 - 80	If symptoms are present, they are transient and expectable reactions to psycho-social stressors (e.g., difficulty concentrating after family argument); no more than slight impairment in social, occupational, or school functioning (e.g., temporarily falling behind in schoolwork).
61 - 70	Some mild symptoms (e.g., depressed mood and mild insomnia) or some difficulty in social, occupational, or school functioning (e.g., occasional truancy, or theft within the household), but generally functioning pretty well, has some meaningful relationships.
51 - 60	Moderate symptoms (e.g., flat affected speech, some panic attacks) or moderate difficulty in social, occupational, or school functioning (e.g., few friends, conflicts with or co-workers).
41 - 50	Serious symptoms (e.g., suicidal ideation, obsessional rituals, frequent shoplifting) or any serious impairment in social, occupational, or school functioning (e.g., unable to keep a job).
31 - 40	Some impairment in reality testing (e.g., speech is at times illogical, obscure, or irrelevant) or major impairment in several areas, such as work or school, family relations, judgment, thinking, or mood (e.g., depressed man avoids friends, neglects family, and is unable to work; child frequently beats up younger children, is defiant at home, and is failing at school).
21 - 30	Behavior is considerably influenced by delusions or hallucinations or serious impairment in communication or judgment (e.g., sometimes incoherent, acts grossly inappropriately, suicidal preoccupation) or inability to function in almost all areas (e.g., stays in bed all day; no job, home or friends).
11 - 20	Some danger of harm to self or others (e.g., suicidal attempts without clear expectation of death; frequent violent; manic excitement) or occasionally fails to maintain minimum personal hygiene (e.g., smears feces) or gross impairment in communication (e.g., largely incoherent or mute).
1 - 10	Persistent danger of severely hurting self or others (e.g., recurrent violence) or persistent inability to maintain personal hygiene or serious suicidal act with clear expectation of death.

Note: This version of the GAF scale is intended for **academic use** only. Although it is based on the clinical scale presented in the DSM - IV TR, this summary lacks the detail and specificity of the original document. The complete GAF scale on page 32 of the DSM - IV should be consulted for clinical use.

Global Assessment Of Functioning Guide

Michael Hoelscher



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