

General Review: Muscle Descriptions

13. Identify the muscles described by completing the following statements. Use an appropriate reference as needed.

1. The _____, _____, _____, and _____
are commonly used for intramuscular injections (four muscles).
2. The insertion tendon of the _____ group contains a large sesamoid bone, the patella.
3. The triceps surae insert in common into the _____ tendon.
4. The bulk of the tissue of a muscle tends to lie _____ to the part of the body it causes to move.
5. The extrinsic muscles of the hand originate on the _____.
6. Most flexor muscles are located on the _____ aspect of the body; most extensors are located _____. An exception to this generalization is the extensor-flexor musculature of the _____.
14.  Bruxism is a condition in which individuals clench and/or grind their teeth. It often occurs as they sleep, leading to jaw pain and damaged teeth. Which muscles contract during this nocturnal event? _____
15.  Repetitive extension of the hand at the wrist and abduction of the hand can lead to lateral epicondylitis. Although sometimes called "tennis elbow," it more often affects individuals who don't play tennis. Based on the name lateral epicondylitis and the action described above, which muscle would most likely have microscopic tears in the tendon? _____

General Review Muscle Descriptions Answer

JE Gale



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