

**¡Empecemos!**

VOCABULARIO 1/GRAMÁTICA 1

**1** Trisha is talking to a new student at school. Match each thing that Trisha says (in the left column) with an appropriate response (in the right column). Use each response only once.

- \_\_\_\_\_ 1. Me llamo Trisha.
- \_\_\_\_\_ 2. ¿Cómo te llamas?
- \_\_\_\_\_ 3. ¿Cómo estás?
- \_\_\_\_\_ 4. ¿De dónde eres?
- \_\_\_\_\_ 5. ¿Quién es él?
- \_\_\_\_\_ 6. Hasta luego.

- a. Nos vemos.
- b. Soy de México.
- c. Él es mi profesor de español.
- d. Mucho gusto.
- e. Estoy bien, gracias.
- f. Me llamo Rosario.

**2** Look at the drawing that goes with each sentence and tell whether the sentence is **cierto** (true) or **falso** (false). The first one has been done for you.



1. Estoy regular.  
**cierto**



2. Estoy más o menos.



3. Estoy bien.



4. Estoy mal.

**3** Unscramble the following words to make sentences. Be sure to add punctuation and capitalize words when appropriate.

**MODELO** *compañera / Alisha / de clase / es una*  
**Alisha es una compañera de clase.**

- 1. es / esta / la señorita White \_\_\_\_\_
- 2. señor / días / buenos \_\_\_\_\_
- 3. es / la muchacha / quién \_\_\_\_\_
- 4. un amigo / es / él / Chile / de \_\_\_\_\_
- 5. estudiante / es / Kamal \_\_\_\_\_

# Expresate S Workbook

**Holt, Rinehart, and Winston, Inc.**

A red circular graphic with a gradient, appearing as a partial circle on the right side of the page, overlapping the grey bar.

## **Expresate S Workbook:**

Joyce in the Belly of the Big Truck; Workbook Joyce A. Cascio,2005-05      *Técnicas para el manejo de la ira: Guía para niños / Anger Management Skills Workbook for Kids* Amanda Robinson, LPC, RPT,2021-02-23 Ayuda a tus hijos a aprender técnicas del manejo de la ira que les servirán de por vida Mientras algunos niños aprenden a regular sus emociones de manera instintiva a muchos otros les hace falta desarrollar las habilidades necesarias para expresar su ira de manera sana y efectiva Esta amable y divertida guía ayudará a niños de entre 5 y 10 años de edad a desarrollar habilidades para manejar su ira a través de 40 fantásticas actividades Desde identificar sus sentimientos y desafiar los patrones de pensamientos negativos hasta practicar técnicas de control para manejar la ira de manera sana los pequeños aprenderán a centrarse y sentirse en control de sus emociones formando mejores relaciones con su familia y amigos y facilitando la resolución de conflictos en la escuela Una sección adicional al final de cada capítulo alentará a los niños y sus familias a practicar las técnicas aprendidas para lograr un éxito aún mayor En Técnicas para el manejo de la ira encontrarás SEIS HABILIDADES ESENCIALES que todos necesitamos para encontrar calma y control 40 FANTÁSTICAS ACTIVIDADES que ayudarán a los niños a desarrollar estas importantes habilidades JUEGOS Y EJERCICIOS ADICIONALES al final de cada capítulo para practicar las técnicas aprendidas con familia y amigos Este libro interactivo ayudará a tus pequeños a calmarse centrarse y enfrentar su ira con habilidades que le servirán durante toda la vida ENGLISH DESCRIPTION Help Your Child Learn Anger Management Skills for a Lifetime While some children instinctively know how to regulate their emotions plenty of others lack the skills they need to express their anger in healthy and effective ways This warm engaging workbook helps children ages 5 10 develop strong skills for managing their anger through 40 fun activities From identifying their feelings and challenging negative thinking patterns to practicing healthy coping skills when angry feelings arise kids will learn to feel calmer and more in control and to form better relationships with family and friends and ease problems at school A bonus section at the end of each chapter encourages kids and their families to practice the skills they've learned for even greater success Here's what you'll find in the Anger Management Skills Workbook for Kids SIX ESSENTIAL SKILLS everybody needs to find calm and control 40 AWESOME ACTIVITIES that help kids develop these important skills BONUS GAMES AND EXERCISES at the end of each chapter to practice the skills learned with family and friends This positive interactive book will help your child calm down cope and cool a hot temper with skills that will last them a lifetime      **Expresate!** Nancy A. Humbach,Holt, Rinehart, and Winston, inc,2006      **Expresate** Kathleen Millin,2004      Teaching Resources Expresate 1a 2008 Holt Rinehart & Winston,2008-01-01      **Expresate!diff Practice Cd Slow/advanced, Level 2** Holt, Rinehart, and Winston, Inc.,2006-01-01      **Expresate!diff Practice Cd Slow/advanced, Level 3** Holt, Rinehart, and Winston, Inc.,2006-01-01      **Workbook for Verbal Expression** Beth M. Kennedy,1994-01-01      **Expresate!diff Assessment, Level 3** Holt, Rinehart, and Winston, Inc.,2006-01-01      *Expresate!diff Assessment, Level 2* Holt, Rinehart, and Winston, Inc.,2006-01-01      **Stand Out 4**

Cengage Heinle,2016-05-13

## Unveiling the Power of Verbal Artistry: An Psychological Sojourn through **Expresate S Workbook**

In a global inundated with monitors and the cacophony of fast communication, the profound energy and emotional resonance of verbal art usually fade in to obscurity, eclipsed by the continuous assault of sound and distractions. Yet, set within the musical pages of **Expresate S Workbook**, a interesting function of fictional brilliance that impulses with organic thoughts, lies an unique trip waiting to be embarked upon. Published with a virtuoso wordsmith, that enchanting opus books viewers on a mental odyssey, delicately exposing the latent possible and profound influence embedded within the delicate internet of language. Within the heart-wrenching expanse of this evocative analysis, we will embark upon an introspective exploration of the book is central subjects, dissect its fascinating writing style, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

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